

Laziness: The Thief of a Bright Future

Text: Proverbs 26:13; Proverbs 6:6–11

Laziness can take many forms. Sometimes it shows up as the desire for immediate comfort, choosing ease over effort. At other times, it appears as procrastination, pushing aside what truly matters. It can even disguise itself in excuses, often rooted in fear or lack of confidence about the future. But no matter the form, laziness ultimately robs you of the possibilities of a great and fulfilling life.

The Bible invites us to “go to the ant...consider its ways and be wise” (Prov. 6:6). Ant colonies are small but powerful examples of discipline. Within a colony, there are queens, workers, males, and in certain stages, winged reproductive. Each ant has a clear role, and without parents, teachers, or advanced brains like humans, they still demonstrate purpose, teamwork, and diligence. Their tiny size does not stop them from building something strong and enduring.

In today’s world, distractions are everywhere via technology, social media, peer pressure. Many falls into the trap of “I’ll do it later,” not realizing that delay weakens their stamina to focus on what matters most. But you can take the first step toward freedom from laziness by making up your mind to build healthier habits and adopt a focused approach to your goals. If you’ve been drifting through life without a clear direction, you can choose today to commit yourself to the things that truly matter, such as your education, your spiritual growth, your character, and your future ambitions.

As an African adage says: “He who is lazy will eventually steal.” Laziness doesn’t just waste time, it steals potential, integrity, and opportunity. Choose diligence, and you will secure a bright future.